

# The T.O.S. Village News

(The Theosophical Order of Service)

#### 27 May 2015

### **Coming Events**

- **Taizé Meditation -** 5 June 15 @ 6pm Liberal Catholic Church, Lacey St Perth.
- \* **TOS Yoga Day @ Mt Helena -** 20 June 15. Register with the TS Library.
- Taizé Meditation 3 July 15 @ 6pm
  Liberal Catholic Church, Lacey St Perth.
  - **Movie "Awake: The Life of Yoganada"** at Cinema Paradiso on Sunday 5 July 15. Time TBA

### Welcome to the Village

This month we have the TOS Yoga Day at Mt Helena. Our presenters are Gailene Wester and Bheena Sewnarain. Some of you may know Gailene through her Friday TS yoga class. There is a flyer at the end of this newsletter with more details. If you are interested in attending, please register at the TS Library on 9328 8104.

Many people have been asking for another Sunday Movie. I have been searching, but unfortunately, the choices have been woeful. Hurrah! I have found a movie and the topic continues with the Yoga theme. Details will follow closer to the date. At this stage, the cinema has not decided the session times.

The Ranger Red talk by Bradley Holland was well attended. Bradley bought an inspiring and lively energy to the evening and really engaged the audience with his wonderful Australian animals and stories.

Bradley is launching a children's book on 14 Jun 15. An invitation is attached, but you MUST RSVP, if you wish to attend.

All the creatures were calm and unafraid. Frank, the tawny frogmouth owl was my favourite. I gently stroked the feathers on his back and he slowly turned his head and looked me in the eye. I peered into his amazingly, big, soulful eyes and I felt I looked into his spirit. What are we doing that we endanger our own rare and special wildlife by destroying habitat?

I am sure that future generations will look back at us and wonder why we let humans are over run the world and did not leave enough habitat for all the other creatures. We need to learn to share and care.

### **Ranger Red Wildlife**









# Best wishes Rhonda Phillips, TOS Chairperson

tosperth@gmail.com

TOS	MEMBERSHIP	Form
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	(first name)(Surname) join the Theosophical Order of Service – Western Australian Incorporated.	
My address:		
My email:	@	
My Phone number:		
	Annual Membership Fee: \$5.00	
	Cheque to: "The Theosophical Order of Service" Mail to: TOS, C/- 21 Glendower St, Perth, 6000	
	Or	
	EFT \$5.00 in to the TOS Bendigo Bank BSB: 633-000 Account: 116559105 Reference: Your full name	
And send an email to <u>tosperth@gmail.com</u> advising of the deposit including your name, address and phone number.		

### Carol Ann's Corner

#### **Edward Rowland Sill**

American poet 1841-1887

Tis not in seeking , Tis not in endless striving, Thy quest is found. Be still and drink the silence Of all around, Not for crying, Not for loud beseeching Will peace draw near, Rest with palms folded; Rest with thine eyelids fallen-Lo, peace is here Arthur Schopenhauer. German philosopher 1788-1860

Genuine tranquillity of the heart and perfect peace of mind, The highest blessings on earth after health, Are to be found only in solitude and, as a permanent disposition, Only in the deepest seclusion .

### The Link of Hearts Healing Meditation

Anne Bower is coordinating a team of Meditators who will provide long distance healing to people on our TOS healing list. The person's name will remain on the list for one month and during that time the team will regularly send healing energy.

Contact Anne on tosperth@gmail.com or 0408 784 443

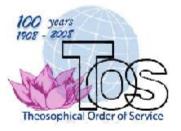


### The Theosophical Order of Service - WA Inc.

We are a humanitarian service group who work to help others, near and far, and in the process transform ourselves.

Postal Address : C/- 21 Glendower Street, Perth WA 6000 Email: tosperth@gmail.com Phone: 08 9250 1375

New members are welcome, however it is not necessary to be a member to attend our functions. **You are welcome**.



YOU ARE CORDIALLY INVITED TO

## A DAY OF YOGA

at the

### Mount Helena Theosophical Retreat

1540 Bunning Road Mount Helena (opp Mildura Road)

A day sponsored by: the Theosophical Order of Service

Date: - 20<sup>th</sup> June 2015

Time: - 10am until 4pm (9am for a cuppa before start) Meal: - Vegetarian BYO (to share if you wish) Cost: - \$5 (to cover hire of the venue) What To Bring: - flexible clothes, a mat and a blanket or rug

Registration: - 16th June, TS Perth - 9328 8104

### The programme will cover:

- Presentation on the 8 Limbs of Yoga,
- Postures,
- Breathing,
- Concentration,
- Mudras,
- Relaxation,
- Chanting and
- Meditation.







Bookings essential RSVP to Ranger Red bradleyrholland@hotmail.com 0405 563 812



Educational Informative Talks Shopping Centre Displays Child Care Centre Visits Kids Birthday Parties Community Centres Aged Care Facilities Schools K-12

