

# The TOS Village News

## (The Theosophical Order of Service)

30 April 2017

### Coming Events

- \* **India TOS Tour Breakfast** - Sunday 30 April 17 @ 9.30am - venue to be advised
- \* **Taizé Meditation** - Friday, 5 May 2017 @ 6pm Liberal Catholic Church, Lacey St Perth
- \* **RUAH / UWA Art Exhibition** - Friday, 12 May 17
- \* **Movie "Zookeepers Wife"** - Sunday, 14 May 2017 @ Cinema Paradiso, Northbridge. Movie session - To be Advised . Join us for Coffee at the Dome across the road. Flyer in this newsletter.
- \* **Barry Bowden Weekend at Mount Helena** 19, 20 & 21 May 2017
- \* **Barry Bowden Weekend at the Perth Branch** 27 & 28 May 2017 - Catering by the TOS.

### Welcome to the Village

The TOS Easter catering was a spectacular success. We raised over \$1,100. At the beginning of the weekend, we declared that money raised would be supporting this year's National TOS project. We are supporting the Italian TOS, who in turn, is providing support to a Syrian Doctor, a refugee, in a Turkish camp who is running a clinic and caring for refugees, like himself.

Afterwards, we reviewed our success and looked for the reasons. We observed that there was great camaraderie between the TS and TOS. There was the shared vision of assisting the Refugees in dire circumstances. All the participants were generously buying raffle tickets with no expectation of winning, donating food and then buying lunch. Donating money and helping with the never ending washing up. Of course, the TOS's fantastic team work came to the fore. Every one pitches in, takes responsibility and sticks to our agreed plan. No directions are necessary.

When we look into a homeless person or a Syrian refugees eyes, we know we are all "One". There is no you and no me.

As Dara, the Easter speaker, said with in all of us there is dormant potential to be the Saint or the Sinner (Mother Teresa or Hitler). The right circumstances arise and that dormant potential awakens.

We awoke!

#### Best wishes

Rhonda Phillips,  
TOS Chairperson [tospert@tospert@gmail.com](mailto:tospert@tospert@gmail.com)

### Thoughts

I have often lamented that there is no Spiritual TV station as I am bombarded by violent news and endless crime dramas.

Over Easter, I discovered the spiritual treasure buried in Youtube. I stumbled across a profound thought for me - Meditation is listening to God and Prayer is speaking to God.

Next day, I sat down to my usual 30 minute morning meditation. My mind was churning and awash with the trivia and conflict in my life. From the outside, I looked like I was meditating, but on the inside I was not.

I stopped and thought :

- ◆ Am I talking to God? NO!
- ◆ Am I listening to God? NO!
- ◆ What am I doing?

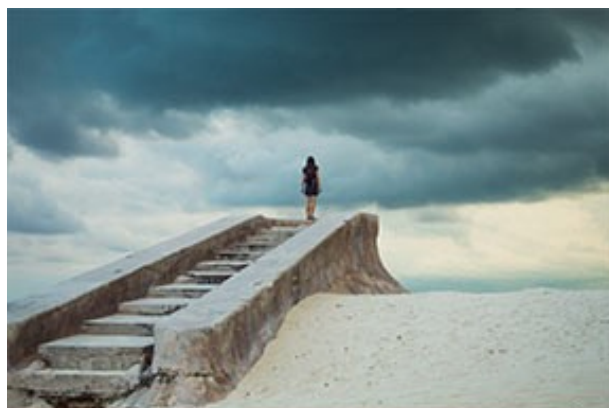
I was actually talking to myself and I was caught on an endless, negative thought loop, which was leading no where.

I realised that I was in no state to listen to the Divine, so I decided to talk to the Divine and ask for a peaceful, calm mind, which would allow me to meditate. I was very surprised to find that my request was answered and I settled into a deep healing mediation.

Thank you Youtube and Elsie Sechrist's talk 'Edgar Cayce and Beginning Meditation'.

I had a further thought, that we can apply the 12 Step program from AA to our spiritual life. We can manage life in easy chunks of one day at a time (the 12 steps are on the next page).

**Today, I will trust in a Source greater than myself.  
Today I will live my spiritual truth.**



## TOS MEMBERSHIP FORM

I \_\_\_\_\_ (first name) \_\_\_\_\_ (Surname)  
wish to join the Theosophical Order of Service – Western Australian Incorporated.

My address: \_\_\_\_\_

My email: \_\_\_\_\_ @ \_\_\_\_\_

My Phone number: \_\_\_\_\_

Annual Membership Fee: \$5.00

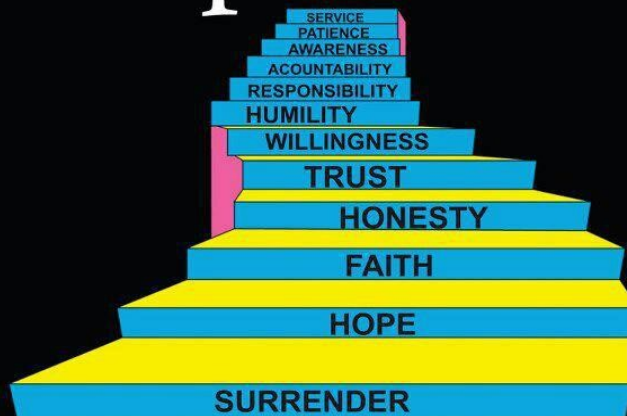
Cheque to: "The Theosophical Order of Service"  
Mail to: TOS, C/- 21 Glendower St, Perth, 6000

Or

EFT \$5.00 in to the TOS Bendigo Bank  
BSB: 633-000 Account: 116559105  
Reference: Your full name

And send an email to [tosperth@gmail.com](mailto:tosperth@gmail.com) advising of the deposit including your name, address and phone number.

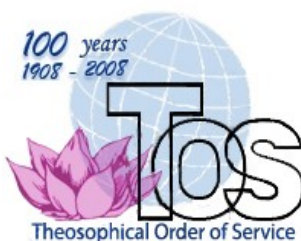
# 12 Steps



## The Link of Hearts Healing Meditation

Anne Bower is coordinating a team of Meditators who will provide long distance healing to people on our TOS healing list. The person's name will remain on the list for one month and during that time the team will regularly send healing energy.

Contact Anne on [tosperth@gmail.com](mailto:tosperth@gmail.com) or 0408 784 443



## The Theosophical Order of Service - WA Inc.

We are a humanitarian service group who work to help others, near and far, and in the process transform ourselves.

Postal Address : C/- 21 Glendower Street, Perth WA 6000

Email: [tosperth@gmail.com](mailto:tosperth@gmail.com) Phone: 08 9328 8104

New members are welcome, however it is not necessary to be a member to attend our functions.

**You are welcome.**



## TOS - May movie fund raiser **'THE ZOOKEEPER'S WIFE'**

In 1939 Poland, Antonina Żabińska (portrayed by two-time Academy Award nominee Jessica Chastain) and her husband, Dr. Jan Żabiński (Johan Heldenbergh, a European Film Award nominee for the Academy Award-nominated *The Broken Circle Breakdown*), have the Warsaw Zoo flourishing under his stewardship and her care.



The real-life story of one  
working wife and  
mother who became a  
hero to hundreds during  
World War II.

When their country is invaded by the Germans, Jan and Antonina are stunned and forced to report to the Reich's newly appointed chief zoologist, Lutz Heck (Golden Globe Award nominee Daniel Brühl of *Captain America: Civil War*).

To fight back on their own terms, the Żabińskis covertly begin working with the Resistance and put into action plans to save lives out of what has become the Warsaw Ghetto, with Antonina putting herself and even her children at great risk.



**When:** Sunday – 14<sup>th</sup> May – **Time TBA**

**Where:** Cinema Paradiso

**Note:** *Meet at the Dome café across the road  
1 hr before for a cuppa and socialising.*





Hi Everyone

I wanted to get in touch with you about an exciting event happening on Friday May 12th.

The Ruah Centre has partnered with UWA to put on an art exhibition showcasing some amazing pieces of art work that have been done by some of our clients. The majority of the art work has been done by clients whilst at the Ruah Centre or by the artists painting out of their own 'forever homes'. The night aims to showcase some amazing art work from a range of different styles with many of the artists coming along as our special guests with the option to purchase their artwork for those that are interested.

Personally speaking with the artists many of them are so excited at the prospect of having their artwork publicly displayed at an exhibition and being recognised as artists. I am really keen to encourage this positive use of time with a huge turnout to the event in support.

The event will be running from 6:30pm to 8:30pm on Friday the 12<sup>th</sup> of May.

Tickets can be purchased via this link [www.unearthedgala.eventbrite.com.au](http://www.unearthedgala.eventbrite.com.au) and you can purchase a 'DONATION' ticket where you may choose to pay what you feel the exhibition is worth. This could be a few dollars or more than \$50 if you are feeling generous.

I am emailing you all as you have all been huge supporters of the Centre, the staff and clients in all sorts of shapes and forms which has been amazing!

I will certainly be at this event and really hope to see as many of you there as possible.

Please feel free to share this with your networks, families and friends.

Thanks :)

**Matthew Nichols**  
**Homeless Services Manager**