



# The T.O.S. Village News

(The Theosophical Order of Service)

30 June 2016

## Coming Events

- \* **Taizé Meditation** - 1 July 2016 @ 6pm  
Liberal Catholic Church, Lacey St Perth
- \* **TOS Healing Meditation** - Sunday, 17 July 16 @  
2pm. TS main hall, 21 Glendower St, Perth.
- \* **TOS Committee Meeting** - Sunday, 17 July 16  
@ 3pm. TS main hall, 21 Glendower St, Perth.
- \* **TOS Supper / Talk - RUAH Services to the  
Homeless** - 6:30 pm on 26 July 16.
- \* **TOS AGM** - Sunday, 18 September 16. TS Main  
Hall, 21 Glendower St, Perth.
- \* **TOS Yoga Day** - Saturday 24 Sept 16 @ Mt He-  
lena. Register in the TS Library or email  
[tospert@gmail.com](mailto:tospert@gmail.com)

## Welcome to the Village

The TOS Yoga Day at the Mt Helena Retreat Centre was ably led by Gailene. The early organizers arrived at Mt Helena to a chilly 6 degrees. In fact it was about that temperature again when we left late that evening.

However, by the time the Yoga participants arrived the main hall was very cozy. The pot belly stove had been burning for hours and the room remained a beautiful temperature for the rest of the day.

Gailene's skillful program included chair and floor yoga and all people could participate at a level comfortable to them.

The "bring a plate to share" proved to be the usual generous abundance. Viv provided a soup for a gold coin donation. This was a very successful fund raiser.

Our two Sunday movies were quirky, humorous and heart warming. I hope that Shellene will agree to search out a few more movies. Her antenna is well tuned.

### Best wishes

Rhonda Phillips,  
TOS Chairperson  
[tospert@gmail.com](mailto:tospert@gmail.com)

## The Meeting Place



**Matthew Nichols**  
Manager, RUAH Homeless Drop in Centre

The next TOS supper / talk will be presented by a Perth Hero. A young Hero that we can be proud to call our own. Matthew is the manager of the RUAH homeless drop in centre in Northbridge.

You may recall (and even have been part of) our Christmas Back Pack drive last year. You will remember that we provided 100 back packs full of appropriate goodies for the Perth homeless people.

Matthew and RUAH provided the channel to distribute the back packs and told us which items would be useful. I look back and laugh at my on naive assumptions. I thought deodorant would be essential and many people thought tooth brushes and tooth paste would be important. Not so. Matthew put us right and we gave the right gift.

RUAH's mission is to redress disadvantage and enhance the human spirit by building a socially just, compassionate and sustainable community. They have a high regard for respect and integrity, while working at the grass roots providing creative and practical support.

RUAH provides many services to the marginalised people of Perth and Matthew has agreed to educate us at our next supper/talk on 26 July. Our flyer is attached to this newsletter. Please join us for an informative evening.

Many thanks to Matthew.

## TOS MEMBERSHIP FORM

I \_\_\_\_\_ (first name) \_\_\_\_\_ (Surname)  
wish to join the Theosophical Order of Service – Western Australian Incorporated.

My address: \_\_\_\_\_

My email: \_\_\_\_\_@\_\_\_\_\_

My Phone number: \_\_\_\_\_

Annual Membership Fee: \$5.00

Cheque to: "The Theosophical Order of Service"  
Mail to: TOS, C/- 21 Glendower St, Perth, 6000

Or

EFT \$5.00 in to the TOS Bendigo Bank  
BSB: 633-000 Account: 116559105  
Reference: Your full name

And send an email to [tosperth@gmail.com](mailto:tosperth@gmail.com) advising of the deposit including your name, address and phone number.



Joy is only found in the present moment  
and can come from small, simple events.

Are you intoxicated by the perfume of  
a beautiful flower?



## The Link of Hearts Healing Meditation

Anne Bower is coordinating a team of Meditators who will provide long distance healing to people on our TOS healing list. The person's name will remain on the list for one month and during that time the team will regularly send healing energy.

Contact Anne on [tosperth@gmail.com](mailto:tosperth@gmail.com) or 0408 784 443



## The Theosophical Order of Service - WA Inc.

We are a humanitarian service group who work to help others, near and far, and in the process transform ourselves.

Postal Address : C/- 21 Glendower Street, Perth WA 6000

Email: [tosperth@gmail.com](mailto:tosperth@gmail.com) Phone: 08 9328 8104

New members are welcome, however it is not necessary to be a member to attend our functions.

**You are welcome.**



**PRESENTS:**  
**Matt Nichols**  
**RUAH**  
**Community Services**



Matt is a passionate and enthusiastic individual and is often described as quite eccentric. Coming from an upper-middle class upbringing he strongly feels a need to give back and assist those less fortunate and to raise community awareness. He was awarded the Young Manager Under 30 Award from the Australian Institute of Management in 2015 and works across a range of Homelessness and Mental Health Services.

The Ruah Centre is a homeless Drop-In Centre for those sleeping rough and who are homeless and has been around for some 50 years. Those coming through our doors are some of the most vulnerable and marginalized individuals living in our Perth Community.

This presentation will cover a range of services, and aims to give an insight into homelessness and how it impacts people living in Perth.

The talk will cover the following issues and aims to be interactive, and informative.

- Homelessness and the issues people face
- The Ruah Centre - what is it about
- Street to Home:
  - assisting clients from the street into stable accommodation
- The 50 Lives 50 Homes Project
  - A Perth first and the way forward to ending homelessness
- What can you and the community do to help - What you need to know



Matt says: "It is guaranteed to be an eye opening and challenging experience for all those that attend".



**A TOS fund raising night**  
**Tuesday 26<sup>th</sup> of July 2016.**

**21 Glendower St Perth - All Welcome**



Please join the TOS for our delicious snacks and light supper for \$8, starting at 6.30 pm. Also check out our raffle basket and the other fund raising stalls.

**TOS motto - A union of those who love  
in the service of all that suffer**