

The T.O.S. Village News

(The Theosophical Order of Service)

30 September 2015

Coming Events Taizé Meditation - 2 October 15 @ 6pm Liberal Catholic Church, Lacey St Perth

- RSPCA Happy Tails 2 October 15 see the attached flyer
- * **TOS Yoga Day -** 24 October 15 at the Mount Helena Retreat Centre - see the attached flyer

Welcome to the Village

We went to dinner with Vic Hau Chin, prior to his talk on Wednesday, 19 Aug 15. It was a wild, stormy and cold evening like winter's days that now seem a distant memory. The traffic was a slow snarl and in some places gridlocked, which is a new phenomenon in our congested city.

Harry and I decided to walk to the Northbridge restaurant to avoid the traffic. We were warmly dressed and had umbrellas. The Northbridge streets were deserted. People were safely home in the warmth. There were a few homeless people roaming aimlessly. We had a pleasant meal and then set off on foot again for the TS Hall near Hyde Park at about 7pm.

Once, again the streets were deserted, but this time I was shocked to see many homeless people bedding down for the night on the foot path. It was bitterly cold and the rain was horizontal. What a terrible night these people faced. The cold of the footpath would slowly chill them to the bone in what must have been a very long night. I imagine all winter's nights on the street must be very long nights. Many of the people did not sound well with hacking coughs. One man was making his evening meal. He had a piece of bread on his hand and he was spooning baked beans from a tin on to the bread.

We are the lucky country, the prosperous and booming WA, but people are still sliding through the cracks, whether through mental illness, addictions or misfortune.

The TOS is collecting items for Xmas Backpacks for homeless people that attend the RUAH Homeless Drop-in Centre.

♥ Best wishes Rhonda Phillips, TOS Chairperson tosperth@

tosperth@gmail.com

The Meeting Place



Bheena, the TOS Secretary and I visited the RUAH Homeless Drop in Centre in Northbridge to discuss the possibility of donating Christmas presents to their clients. There will be a 100 homeless people at the RUAH Xmas party, which will have a brass band, Red Rooster and Christmas presents. The TOS hopes to give 40 backpacks. (30 for men and 10 for women).

RUAH has 3 staff and at any time up to 100 homeless people visiting. 75% are male and 25% female. The centre provides showers, toiletries, computers, visiting Doctors and shelter during the day.

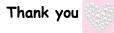
The TOS will arrange sturdy Backpacks with strong zips. We are hoping that the TS and TOS communities would join us by donating new items to go in the backpacks or cash if you haven't got time or energy to shop.

Matthew, the manager at RUAH, said useful items inside the backpacks would be sun screen, mosquito repellent, small torches with standard batteries or magneto type, rain ponchos, small blow up pillows, small padlocks, socks, belts, and treats such as muesli bars and TimTams.

He suggested that the Ladies would appreciate a small mirror and brush because they still take care of their appearance. Costume jewellery and make up, even nail polish, but not the sort that can be sniffed.

The TOS will place a box at the back of the TS main hall by next Tuesday, 6 October. You can drop your donated new items in and cross the item of the Tally sheet. We will need 40 of each item, except those for ladies (i.e. mirrors) and then we will need ten.

We are a strong, caring community and we can make a difference to people less fortunate than ourselves. Often we rush to help those suffering overseas, but this time we want to help our own. Please join us. If we make a difference in one person's life, we will have succeeded.





The Link of Hearts Healing Meditation

Anne Bower is coordinating a team of Meditators who will provide long distance healing to people on our TOS healing list. The person's name will remain on the list for one month and during that time the team will regularly send healing energy.

Contact Anne on tosperth@gmail.com or 0408 784 443



The Theosophical Order of Service - WA Inc.

We are a humanitarian service group who work to help others, near and far, and in the process transform ourselves.

Postal Address : C/- 21 Glendower Street, Perth WA 6000 Email: tosperth@gmail.com Phone: 08 9250 1375

New members are welcome, however it is not necessary to be a member to attend our functions. **You are welcome**.





YOU ARE INVITED TO

A DAY OF HATHA YOGA IN CHAIRS AND STANDING and some KARMA YOGA

AT MOUNT HELENA THEOSOPHICAL SOCIETY RETREAT 1540 Bunning Road, Mount Helena

Date 24th October from 0930 until 1700

The Theosophical Order of Service is sponsoring this day, and there will be goodies for sale with the funds raised <u>all</u> donated to worthy causes

In order to keep down costs, we ask you to bring vegetarian food for lunch to share if you wish

There will be a charge of \$15 for the day payable on arrival at Mt Helena at 0930 There will be a list for names for registration on the TOS notice board or phone Gailene on 9255 2159



You will need to wear flexible clothing, and unless you wish to lie down for relaxation or the asanas, you will not need a mat.

ALL WELCOME, NO EXPERIENCE NECESSARY



Happy Tails Day is the pawfect time to show your love of all

creatures great and small!

In WA we celebrate the day with an annual street collection on Friday 2 October. Are you able to spare two hours of your day to help collect funds for animals in need?

We would love to see hundreds of people flooding the streets of the CBD, the busy train stations, and local shopping centres to make this day count for animal welfare.

You could:

- · collect before work, during lunch time or after work
- bring your dog along
- · bring your bff or colleagues and have tin-shaking fun together
- plan this as a fun and charitable activity to do with your kids during their school holidays (please be aware that all children under 18 must be accompanied by an adult)

Ready to sign up? Please do so via this link: <u>http://eepurl.com/bwsvR1</u> Any questions? Feel free to contact Kathrin via: <u>volunteer@rspcawa.asn.au</u>





Bring a friend, your pooch and have some tin-shaking fun!

